



## June 2018

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>Type A Meal</b> Includes: Salad Bar & Milk, Chocolate Milk Orange Juice, POG	<b>Mindful</b> Meal that is satisfying flavorful & healthy Entrée's with <600 KCAL	<b>Plate Lunch Prices</b> Bowl \$5.00 Beef Bowl \$5.25 Plate lunch \$7.25 Mixed Plate \$8.00 Steak Mixed Plate \$8.75	<b>1</b>
<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>11</b> Teriyaki Meatballs Honey Garlic Chicken Pork Adobo	<b>12</b> Spaghetti w/ Meat Sauce Rosemary Garlic Chicken Roast Beef w/ Gravy Baked Teriyaki Tofu	<b>13</b> BBQ Pork Sandwich Chicken Parmesan Apple Cider Glazed Pork w/ Parsnip Mashed Potato	<b>14</b> Cheese Pizza BBQ Chicken Teriyaki Pork Kung Pao Tofu	<b>15</b> Fish Filet Lemon Chicken Steak Chinese Style Steamed Fish
<b>18</b> Shoyu Chicken Fried Chicken Kielbasa w/ Sauerkraut	<b>19</b> Chicken Long Rice Garlic Chicken Cheese Ravioli	<b>20</b> Turkey & Cheese Sandwich Basil Lemon Chicken Breast & Couscous Shoyu Pork	<b>21</b> Mochiko Chicken Mochiko Chicken Grilled Vegetable Sandwich on Focaccia	<b>22</b> Teriyaki Burger Hoisin Chicken Steak Poke Bowls (Market Price)
<b>25</b> Italian Meatball Sub Sandwich Korean Fried Chicken Cheese Tortellini	<b>26</b> Chicken & Cheese Quesadilla Roast Turkey w/ Gravy Tonkatsu Black Bean Tofu Stir Fry	<b>27</b> Kalua Pig & Cabbage Grilled Chicken w/ Salsa de Rosa Sesame Pork Tenderloin	<b>28</b> Sloppy Joe Panko Dijon Chicken BBQ Pork Eggplant Tofu Stir Fry	<b>29</b> Chicken Nuggets & Fries Oyster Sauce Chicken Steak Panko Crusted Fresh Catch