

October 2021



October 1st

Type A Lunch
Plate Lunch
Vegetarian
 Bowl Special
 One Team Wagon
 Weekly Salad :
 Weekly Sandwich:

Monday

Tuesday

Wednesday

Thursday

Friday
Turkey Ala King
Grilled Korean Pork
Vegetable Lasagna
Tonkatsu
Grilled Chicken Florentine on Pasta \$7

October 4th-8th

Type A Lunch
Plate Lunch
Vegetarian
 Bowl Special
 One Team Wagon
 Weekly Salad : **Chicken Taco Salad \$6.25**
 Weekly Sandwich: **Vietnamese Chicken Bahn Mi Sandwich \$6.75**

Monday
Teriyaki Meatballs
Fried Chicken
Cheese Tortellini
Spicy Ahi
Shoyu Pork /w Kabocha \$7

Tuesday
Kalua Pig & Cabbage
Misoyaki Chicken
Broccoli Tofu Stir Fry
Local Style Hamburger curry
Hamburger Katsu \$7.00

Wednesday
Teriyaki Chicken on Soba
Roast Pork w/ Gravy
Red Thai Curry w/ Tofu
Garlic Chicken
BBQ Beef Brisket Sand \$8.00

Thursday
Supreme Pizza
Orange Chicken
Mushroom Stroganoff
Korean Spicy Pork
Street Style Chicken Taco \$7

Friday
Hamburger Curry
Rosemary Garlic Chicken
Teriyaki Tofu w/ Quinoa & Grilled Pineapple
Tonkatsu
Lau Lau Plate \$10.00

October 11th-15th

Type A Lunch
Plate Lunch
Vegetarian
 Bowl Special
 One Team Wagon
 Weekly Salad : **Smoked Turkey Cape Cod Salad \$6.50**
 Weekly Sandwich: **Chicken Bruschetta Sandwich \$7.00**

Monday
DISCOVER'S DAY

Tuesday
Hamburger Steak
Korean Spicy Chicken
Fried Tofu w/ Soy Ginger Sauce
Local Style Hamburger Curry
Asian Fried Chicken \$7.00

Wednesday
PSAT DAY

Thursday
Mochiko Chicken
Mochiko Chicken
Vegetarian Burrito
Korean Spicy Pork
Garlic Shrimp on Penne Pasta \$7.50

Friday
Hamburger Stew
Korean Sesame Chicken
Sweet Potato Curry w/ Tofu
Tonkatsu
Pizza Lasagna \$7

October 18th-22nd

Type A Lunch
Plate Lunch
Vegetarian
 Bowl Special
 One Team Wagon
 Weekly Salad: **Strawberry Basil & Chicken Breast Salad \$7.75**
 Weekly Sandwich: **Vietnamese Shrimp Summer Roll \$6.50**

Monday
Chili Frank
Mushroom Chicken
Pasta w/ Spinach, tomato, Feta
Spicy Ahi Bowl
Pork Adobo \$7

Tuesday
Macaroni & Cheese
Teriyaki Chicken
Kung Pao Tofu
Local Style Hamburger Curry
Garlic Shrimp Po'Boy \$7.50

Wednesday
Ground Turkey Sliders
Beef Stew
Quinoa & Kale Stuffed Sweet Potato
Garlic Chicken
Shrimp Yellow Thai Curry \$7.50

Thursday
Chicken Long Rice
BBQ Pork
Eggplant Parmesan
Korean Spicy Pork
Chicago Hot Beef Sandwich \$7.50

Friday
Fall Break

October 25th-29th

Type A Lunch
Plate Lunch
Vegetarian
 Bowl Special
 One Team Wagon
 Weekly Salad : **Grilled Chicken & Butternut Squash Salad \$7.75**
 Weekly Sandwich: **Spicy Italian Sandwich \$7.00**

Monday
BBQ Meatballs
Ranch Style Chicken
Cauliflower Tofu Curry
Spicy Ahi Bowl
Hamburger Steak \$7

Tuesday
BBQ Chicken Pizza
Chicken Parmesan
Korean Spicy Eggplant w/ Tofu
Local Style Beef Curry
Carne Asada Burrito \$7

Wednesday
Chicken Quesadilla
Beef Stroganoff
Lemon Ginger Stir Fry
Garlic Chicken
Gumbo w/ Corn Bread \$8.00

Thursday
Spaghetti w/ Meat Sauce
Honey Garlic Chicken
Veggie Taco Salad
Korean Spicy Pork
BBQ Western Burger \$6

Friday
Sloppy Joe
Roast Turkey
Pad Thai w/ tofu
Tonkatsu
Steak Bowl or Plate \$8/\$10

TYPE A K-2 \$5.50 TYPE A 3-6 \$5.75 TYPE A ENTRÉE \$6.25 (includes starch & vegetable)

PLATE LUNCH PLATES \$8.25 PLATE LUNCH BOWLS \$6.25