

# IOLANI SCHOOL FALL SPORTS STARTING DATES - 2019

*The dates listed are HHSAA and ILH start dates. Please email coaches if you are interested as some FALL sports currently have SUMMER practices*

SPORT	DATE	DAY	TIME	SITE	
BOWLING (gr 9 - 12)	<i>BOYS - boysbowling@iolani.org    GIRLS - girlsbowling@iolani.org</i>				
BOYS - VAR & JV	8/7/2019	Wed	3:30 PM	Pearl Subase	
GIRLS - VAR & JV	8/5/2019				
<i>Practices and matches at Hickam AFB and Pearl Subase require ID passes for base entry. This process takes several weeks. Parents also need to obtain ID passes to get on base.</i>					
CHEERLEADING (gr 7 - 12)	<i>cheerleading@iolani.org</i>				
VAR/JV/INT	8/5/2019	Mon	Any questions, email Coach Barbs at cheerleading@iolani.org		
CROSS COUNTRY - BOYS	<i>boyscrosscountry@iolani.org</i>				
ALL LEVELS (gr 7 - 12)	8/5/2019	Mon	4:00 PM	Track	
ALL LEVELS	8/26/2019	Mon	5:30 PM	Seto Hall	Parents Meeting
CROSS COUNTRY - GIRLS	<i>girlscrosscountry@iolani.org</i>				
ALL LEVELS (gr 7 - 12)	8/5/2019	Mon	4:00 PM	Track	
ALL LEVELS	8/28/2019	Wed	5:30 PM	Seto Hall	Parents Meeting
FOOTBALL - VAR (gr 10 - 12)	7/15/2019	Mon	2:00 PM	Weight Room	
<i>football@iolani.org</i>	7/17/2019	Wed	6:30 PM	Lower Gym	Parents Meeting
FOOTBALL - INT (gr 7 - 9)	7/29/2019	Mon	4:00 PM	Baseball Field	
<i>isuzuki@iolani.org</i>	7/31/2019	Wed	6:30 PM	Student's Center	Parents Meeting
KAYAKING (gr 9 - 12)	<i>kayaking@iolani.org - email coach if interested</i>				
VAR & JV			3:30 PM	Halau	
TENNIS - JV (gr 9-11)	<i>hsomerville@iolani.org - email coach if interested</i>				
BOYS	8/12/2019	Mon	4:00 PM	Tennis Courts	
GIRLS	8/19/2019	Mon	4:00 PM	Tennis Courts	
VOLLEYBALL - GIRLS	<i>girlsvolleyball@iolani.org</i>				
VAR/JV (gr 9 - 12)	7/29/2019	Mon	3:00 PM	Lower Gym	
INT (gr 7 - 8)	7/29/2019	Mon	4:00 PM	Upper Gym	
WATER POLO	<i>boyswaterpolo@iolani.org</i>				
VAR (gr 9 - 12)	8/5/2019	Mon			
INT (gr 7 - 8)	8/5/2019	Mon			

Please call the Athletic Office if you have any questions: 943-2208, 943-2228 or 943-2318

Baseline Concussion Test required for Cheerleading, Football, Volleyball, and Water Polo.  
Test will be administered in Castle Computer Lab on TBA date