

`Iolani School Tennis Program
Fall Semester 2021 (September 7 - December 16)

Welcome to the `Iolani tennis program where students of all ages and skill levels learn to play “the sport for a lifetime” in a fun and nurturing environment. The many benefits tennis provides include the physical and psychological development of the student where challenges engage the body and mind. Perseverance, problem solving, and learning to work with others are traits formed through the process. In order to ensure proper safety measures and social distancing, class sizes will be smaller with a much smaller student to coach ratio. Coaches will wear PPE during instruction and hand sanitizer will be available to students before and after class.

The `Iolani tennis classes are part of a developmental pathway where students matriculate from one skill level to the next as they make progress. Group class offerings range from Kindergarten through the Upper school where the size of the court, racket, and ball are age and skill appropriate. We have adopted the USTA “10 and under tennis” format where the play area and rackets start off small for younger students and progressively get larger as students age up.

The tennis programs have been established with three phases, taking into account the age and experience of each student. Each phase will focus on technical fundamentals, patterns of play, and match play appropriate for the skill level. The phases are as follows .

1. Beginner – Advanced Beginner (0-3 years experience, grades (K -6)
2. Intermediate – Advanced Intermediate (3+ years experience, grades (7–9)

1. Beginner to Advanced Beginner (0-3 years experience)

Classes are offered up to two times per week to students just starting the sport with 0 – 2 years of experience. Maximum student participation of 16 for these courses. There will be a maximum of 18 students per class to ensure a student to coach ratio of 6:1.

Red Ball Lessons (K-1) Mondays and Wednesdays 2:30 – 3:15pm

This course is offered to Kindergarten and 1st grade students and designed to make learning fun. The emphasis is on fundamental balance, movement, hand-eye coordination, and stroke development through group activities and games. Small rackets and low compression red balls are used to enhance the learning process.

Orange Ball Lessons (Grades 2-3) Tuesdays and Thursdays 2:30 - 3:15pm

This course is offered to 2nd and 3rd grade students and designed to make learning fun. The emphasis is on fundamental balance, movement, hand-eye coordination, and stroke

development through group activities and games. Age appropriate sized court, rackets and low compression orange balls are used to enhance the learning process.

Green Ball Lessons (Grades 4-6) Tuesdays and Thursdays 3:30 - 4:15pm

This course is offered to students grades 4 – 6 who are interested in developing the technical skills to play in organized team competition. The emphasis is on fundamental balance, movement, hand-eye coordination, and stroke development through instruction and games. Students will be separated by ability level to ensure a comfortable learning environment.

Course Schedule

Beginning - Advanced Beginner

Course	Grade	Day	Time	Fall	Max
Red Ball	K-1	Mon	2:30- 3:15pm	\$288	18
	K-1	Wed	2:30-3:15pm	\$336	18
Orange Ball	2-3	Tue	2:30-3:15pm	\$360	18
	2-3	Th	2:30-3:15pm	\$312	18
Green Ball	4-6	Tue	3:30-4:15pm	\$360	18
	4-6	Th	3:30-4:15pm	\$312	18

2. Intermediate to Advanced Intermediate (3+ years experience)

This program is for students who are able to rally and have had some competitive experience. Classes are offered twice a week to those who aspire to play on ILH tennis teams. The program training features stroke production, match play strategy and tactics, match preparation, and how to control the emotions in the heat of competition. Students will be separated by ability level to ensure a comfortable learning environment. There will be a maximum of 18 students per class to ensure a coach to student ratio of 6:1.

Yellow Ball Lessons. (Grades 7 – 9) M, W 3:30 - 4:15pm

Course	Grade	Day	Time	Fall Fee	Max
Yellow Ball.	7 - 9	Mon.	3:30-4:15pm	\$288	18
	7 - 9	Wed.	3:30-4:15pm	\$336	18

Private Lessons

Private lessons are offered to those students who request one on one instruction. Fundamental stroke production, foot work, and point development are the three areas of training focused on in private training. The following are the time options and rates.

<u>Time</u>	<u>Rate</u>
1 hour	\$65.00
3/4 hour	\$50.00
1/2 hour	\$35.00

Holiday Schedule

We will not have lessons on the following school holidays in the Fall semester.

Days OFF/Holidays/Early Dismissal Days		
Fall		
Day	Date	Event
Monday	9/6/21	Labor Day
Monday	9/27/21	Head of School Holiday
Monday	10/11/21	Discoverers' Day
Wednesday	10/13/21	LS PD Day/US Special Schedule (PSAT)
Friday	10/22/21	Fall Break

2 Dates TBD	October	Parent Teacher Conferences
Thursday	11/11/21	Veterans' Day
Thursday	11/25/21	Thanksgiving
Friday	11/26/21	Thanksgiving Holiday
Friday through Friday	12/17/21-12/31/21	Christmas Vacation

Contact information

For any questions related to small group or private lessons, please contact Henry Somerville, Director of Tennis, at hsomerville@iolani.org.

Revised: 7/6/2021