

MARCH 2023



February 27th-March 3rd

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon
- Weekly Salad
- Weekly Sandwich

Monday
Teriyaki Meatballs
Fried Chicken
Cheese Tortellini
Spicy Ahi Bowl
Shoyu Pork w/ Kabocha \$7
Smoked Turkey Cape Cod Salad \$7
Turkey Club Ciabatta Sandwich \$6.50

Tuesday
Macaroni & Cheese
Teriyaki Chicken
Kung Pao tofu
Local Style Hamburger Curry
Garlic Shrimp Po'Boy \$7.75

Wednesday
Kalua Pig Quesadilla
Beef Stew
Quinoa & Kale Stuffed Sweet Potato
Garlic Chicken
Baked Potato w/ Puerto Rican

Thursday
Spaghetti w/ Meat Sauce
Honey Garlic Chicken
Veggie Taco Salad
Korean Spicy Pork
Philly Cheese Sandwich \$8

Friday
BBQ Pork Sandwich
Chicken w/ Salsa de Rosa
Black Bean Tofu Stir Fry
Tonkatsu
Misoyaki Salmon on Greens \$11

March 6th-10th

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon
- Weekly Salad
- Weekly Sandwich

Monday
HOS Holiday
Strawberry Basil & Chicken Breast Salad \$8.25
Spicy Italian Sandwich \$7.75

Tuesday
Teriyaki Hamburger Steak
Salt & Pepper Pork
Lentil Shepherd's Pie
Local Style Hamburger Curry
Cubano Sandwich \$7.50

Wednesday
Chicken Parmesan Sandwich
Beef Stew
Quinoa & Kale Stuffed Sweet Potato
Garlic Chicken
Baked Potato w/ Puerto Rican
Chili, Cheese & Sour Cream \$6.50

Thursday
Baked Spaghetti
BBQ Pork
Eggplant Parmesan
Korean Spicy Pork
Misoyaki Salmon on Greens \$11

Friday
Hamburger Stew
Korean Sesame Chicken
Sweet Potato Curry w/ Tofu
Tonkatsu
Pizza Lasagna \$7.50

March 13th-17th

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon
- Weekly Salad
- Weekly Sandwich

Monday
Chili Frank
Mushroom Chicken
Pasta w/ Spinach, Tomato, Feta
Spicy Ahi Bowl
Pork Adobo \$7
Turkey Cobb Salad \$7.75
Chicken Bruschetta Sandwich \$7.50

Tuesday
BBQ Chicken Piuzza
Beef Stroganoff
Korean Spicy Eggplant Tofu
Local Style Hamburger Curry
BBQ Western Burger \$6.50

Wednesday
Chicken Quesadilla
Kalua Pig & Cabbage
Oven Roasted Tofu w/ Ginger Scallion Oil
Garlic Chicken
Carne Asada Burrito \$9

Thursday
Chicken Long Rice
Chicken Fried Steak
Vegetarian Stuffed Pepper
Korean Spicy Pork
Grilled Salmon on Penne

Friday
SPRING BREAK

March 20th-24th

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon
- Weekly Salad
- Weekly Sandwich

Monday
SPRING BREAK

Tuesday
SPRING BREAK

Wednesday
SPRING BREAK

Thursday
SPRING BREAK

Friday
SPRING BREAK

March 27th-31st

- Type A Lunch
- Plate Lunch
- Vegetarian
- Bowl Special
- One Team Wagon
- Weekly Salad
- Weekly Sandwich

Monday
BBQ Meatballs
Ranch Style Chicken
Cauliflower Tofu Curry
Spicy Ahi Bowl
Hamburger Steak \$7.50
Southwest Grilled Chicken Salad \$8
BLT Pesto Chicken Sandwich \$7.75

Tuesday
Shoyu Chicken
Misoyaki Pork
Butternut Squash & Lentil
Local Style Hamburger Curry
Ground Beef Taco Salad
in a Fried Tortilla Shell \$8

Wednesday
Shepherd's Pie
BBQ Pork
Hummus & Pita Caponata
Garlic Chicken
Gumbo w/ Cornbread \$8.50

Thursday
Mochiko Chicken
Mochiko Chicken
Vegetarian Burrito
Korean Spicy Pork
Garlic Shrimp on Penne
Pasta w/ Shiitake Mushroom
Cream Sauce \$8

Friday
Hamburger Curry
Fiesta Lime Chicken
Pasta Puttanesca
Tonkatsu
Grilled Chicken Florentine
on Pasta \$7.75

TYPE A K-2 \$5.75 TYPE A 3-6 \$6.00 TYPE A ENTRÉE \$6.50 (includes starch & vegetable)

PLATE LUNCH PLATES \$9.00 PLATE LUNCH BOWLS \$6.50