



Dear 'Iolani School Parents/Guardians,

Recent statistics reported by the U.S. Department of Health and Human Services Centers for Disease Control and Prevention (CDC) and the State of Hawaii - Department of Education Athletic Health Care Trainers noted a significant increase in the number of reported concussions and emergency visits by persons nineteen years old or younger. With the growing concern for the safety of our students in the State, on July 3rd, 2012, Governor Neil Abercrombie signed into law ACT 197 (12) RELATING TO CONCUSSIONS, requiring the Department of Education (DOE) and the Hawaii High School Athletic Association (HHSAA) to develop a concussion educational program for students and student athletes who are fourteen to eighteen years old.

To conform to ACT 197 (12), an amendment has been made to 'Iolani School's current Concussion Awareness Education Program (CAEP) to educate students, parents, coaches, faculty, staff, and administrators at both the Upper and Lower Schools. Each student and parent will be required to complete the following as part of 'Iolani School's CAEP:

- View the CDC's concussion fact sheet titled "*Heads Up to Schools: Know your Concussion ABC's*," found at the following website:
http://www.cdc.gov/concussion/pdf/TBI_factsheets_PARENTS-508-a.pdf,
- Acknowledge that you and your child have been educated on the signs and symptoms of a concussion and what to do if someone demonstrates any of those signs or symptoms by reading the information at the above website,

and

- Indicate that you and your child have participated in 'Iolani School's Concussion Awareness and Education Program by signing the attached CAEP form.

IMPORTANT: *If your child participates on an 'Iolani sports team that is sanctioned by the HHSAA, you and your child need to review the attached 'Iolani School Athletic Concussion Management Program to become familiar with the criteria for return to full athletic participation and the Return to Activity Plan (RAP).*

If your child participates in extracurricular activities outside of 'Iolani, please share this concussion information with the coaching staff, instructors, leaders, mentors, and chaperones, as well as with family members and friends. The more people we can educate about the dangers and

signs and symptoms of a concussion, the more beneficial it will be in ensuring the safety of our children to return to school and sports related activities.

Additional links to learn more about concussion and other Concussion Awareness Education programs can be found below:

Website for Teachers/Staff

<http://www.cdc.gov/concussion/HeadsUp/schools.html>

<http://brain101.orcasinc.com/2000/>

For athletes/parents

http://www.cdc.gov/concussion/HeadsUp/high_school.html

<http://brain101.orcasinc.com/3000/> (parents)

<http://brain101.orcasinc.com/5000/> (athletes)

Coaches

<http://www.cdc.gov/concussion/>

<http://brain101.orcasinc.com/4000/>

Please download the attached CAEP form and return it to the 'Iolani Upper School Infirmary before the start of the school year. The signed form may be faxed to the Infirmary at (943-2245), scanned and emailed to nurse@iolani.org or mailed to the 'Iolani School address attention: Shannon Yonamine (Director of Health Services).

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